

# **A strategy for Human Factors/Ergonomics: Developing the discipline and profession**

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## Abstract

Human Factors/Ergonomics (HFE) has great potential to contribute to the design of all kinds of systems with people (work systems, product/service systems), but faces challenges in the readiness of its market and in the supply of high-quality applications. HFE has a unique combination of three fundamental characteristics: (1) it takes a systems approach (2) it is design driven and (3) it focuses on two closely related outcomes: performance and well-being. In order to contribute to future system design, HFE must demonstrate its value more successfully to the main stakeholders of system design. HFE already has a strong value proposition (mainly well-being) and interactivity with the stakeholder group of “system actors” (employees and product/service users). However, the value proposition (mainly performance) and relationships with the stakeholder groups of “system experts” (experts from technical and social sciences involved in system design), and “system decision makers” (managers and other decision makers involved in system design, purchase, implementation and use), who have a strong power to influence system design, need to be developed. Therefore, the first main strategic direction is to strengthen the demand for high-quality HFE by increasing awareness among powerful stakeholders of the value of high-quality HFE by *communicating with stakeholders*, by *building partnerships* and by *educating stakeholders*. The second main strategic direction is to strengthen the application of high-quality HFE by *promoting the education of HFE specialists*, by *ensuring high quality standards* of HFE applications and HFE specialists, and by *promoting HFE research excellence* at universities and other organisations. This strategy requires cooperation between the HFE community at large, consisting of the International Ergonomics Association (IEA), local (national and regional) HFE societies, and HFE specialists. We propose a joint world-wide HFE development plan, in which the IEA takes a leadership role.

## Practitioner summary

Human Factors/Ergonomics (HFE) has much to offer addressing major business and societal challenges regarding work and product/service systems. HFE potential, however, is underexploited. This paper presents a strategy for the HFE community to strengthen demand and application of high-quality HFE, emphasising its key elements: systems approach, design driven, and performance and well-being goals.

## 1. Introduction

This paper provides a vision of the future of the Human Factors/Ergonomics (HFE) discipline and profession (the terms ergonomics and human factors are used interchangeably<sup>1</sup>). The paper presents the findings of the Future of Ergonomics Committee<sup>2</sup>, which was established in December 2010 by the International Ergonomics Association (IEA) and which reported its results at the 18<sup>th</sup> Triennial World Congress on Ergonomics, IEA2012 in Brazil. The goal of the committee was to formulate a position paper for the HFE community on strategies for the future of the HFE discipline and profession. During the more than 50 years of HFE history, several papers have been published discussing the future of ergonomics. Recent examples include special issues in *Theoretical Issues in Ergonomics Science* (Hollnagel 2001) and *Ergonomics* (Stanton and Stammers 2008). Most papers predict the future of ergonomics for specific HFE areas in terms of expected developments and effects on the content of the discipline, or in specific regions. In contrast, the present paper focuses on a strategy for the world-wide promotion of the discipline and profession in order to reach global excellence in HFE. The paper does not contain an operational plan to realise this strategy.

The committee developed a strategy for the future of HFE by sharing and discussing the views of committee members and many other HFE specialists. Besides electronic communication among committee members, the committee held physical meetings in Amsterdam (March 2011, November 2011) and Paris (June 2011), and had a brainstorming session with IEA council members in Grahamstown, South Africa (April 2011). Inputs from many other HFE specialists worldwide were obtained via face-to-face interviews and email exchange (a list of people who provided input can be found in the Acknowledgements). Although the committee has collected many documents on the future of HFE, the views expressed in this paper are not based on this literature or on a literature review. However, we added references for illustration and further reading. This paper presents the final view of the committee. The committee consists mainly of western academics with extensive international experience, and with substantial experience of working closely with practitioners and clients in all areas of industry and commerce. This document is not a “consensus” paper representing all views in the HFE community, nor does it necessarily reflect the view of the IEA. The content is available to any organisation (including the IEA and local HFE societies) and any individual to develop new strategies, tactics and operations within their own context.

The starting point of this paper is that HFE has great potential to ensure that any designed artifact, ranging from a consumer product to an organisational environment, is shaped around the capacities and aspirations of humans, such that performance and well-being are optimised. When HFE does not play a role in system design, this can lead to sub-optimal systems with quality deficits, reduced efficiency, illness, dissatisfaction, etc. HFE can provide solutions to these problems. However, the potential of HFE remains under-exploited. At least four reasons have been identified. First, many stakeholders involved in the design, management and use of artifacts (e.g., customers, workers,

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<sup>1</sup>In the present paper, we consider “ergonomics” and “human factors” to be synonymous, and we adopt the IEA definition of the discipline (IEA 2000): “Ergonomics (or human factors) is the scientific discipline concerned with the understanding of the interactions among humans and other elements of a system, and the profession that applies theoretical principles, data and methods to design in order to optimize human well-being and overall system performance.” To identify the discipline throughout this paper, we have selected the name “human factors/ergonomics” (HFE). By accepting this definition, we also accept the view that HFE is a scientific discipline and not only a (multidisciplinary) approach to problem solving. We also accept that this definition reflects a more positivist rather than a more constructivist view on the discipline.

<sup>2</sup>The committee consists of Jan Dul (Chair, Netherlands), Ralph Bruder (Germany), Peter Buckle (UK), Pascale Carayon (USA), Pierre Falzon (France), William S. Marras (USA), John R. Wilson (UK), and Bas van der Doelen (Secretary, Netherlands).

managers, other professionals, society at large) are not aware of the value of HFE and as a consequence, do not exhibit a strong demand for HFE. Second, in certain situations where there is a demand for HFE (e.g. “ergonomic products” in product marketing, “ergonomic systems” in safety critical industries such as the defence industry, transport, oil industry, healthcare), there is not enough high-quality HFE in the design process because HFE is lacking or its application is too limited in scope, resulting in sub-optimal solutions. Third, the field is very small in comparison to established disciplines involved in designing artifacts like engineering and psychology, and is often incorporated within these disciplines without explicit reference to the HFE discipline. Fourth, the very strength of HFE, its multi-disciplinary base, is also a potential weakness; a diversity of topics, views and practices exist within the HFE community, resulting in unclear communication to the external world.

In order to develop a strategy for the HFE discipline and profession, we start by describing the fundamental characteristics of HFE in Section 2. Then, we identify developments in the external world that are important for HFE in Section 3. Next, we formulate the value of HFE for the main stakeholders of system design. In Section 5, we propose the strategic positioning of the HFE discipline, and finally we discuss possible strategic actions for the HFE community that can help to achieve a prosperous future of HFE.

## **2. The fundamental characteristics of the HFE discipline and profession**

HFE focuses on systems in which humans interact with their environment. The environment is complex and consists of the physical environment (“things”), the organisational environment (how activities are organised and controlled), and the social environment (other people, culture) (Carayon 2006, Moray 2000, Wilson 2000). The system can be a work system (where the human is a worker and the environment is the work environment) or a product/service system (where the human is a product user or person who receives a service and the environment is the environment where the product is used or where the service is received)<sup>3</sup>. The focus of HFE is to jointly improve performance and well-being by designing the integrative whole better, and by integrating the human into the system better. This is done by fitting the environment to the human. HFE typically takes a hierarchical approach where environmental design to fit the human is seen as the priority, and selecting people to fit the environment or training people to fit the system is only considered when the former is not possible. With a better fitting environment, humans are better able to contribute to performance<sup>4</sup>. Over the past 50+ years, the HFE community has developed and documented a substantial body of knowledge and skills regarding interactions between humans and their environment, and methodologies for analysing and designing systems.

The definition of HFE and HFE specialists (adopted by the IEA in 2000) reflects this body of knowledge as follows (IEA 2000):

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<sup>3</sup> HFE focuses primarily on two types of systems: work systems (with workers in private or public organisations) and products (consumer or business goods or services). Traditionally “work” is a central issue in HFE, as indicated by the etymology of the word ergonomics (ergo=work). However, HFE is concerned with all kinds of activities that go beyond (paid) work and includes activities carried out by a range of users, e.g., customers, citizens, patients, etc. with different characteristics (e.g. age), in a range of domestic, leisure, sport, transport and other environments. When we use the words “work system” it includes other living systems.

<sup>4</sup> Other contributors are the effort taken by the human independently of the environment, as well as contributions from other components of the system.

*“Ergonomics (or human factors) is the scientific discipline concerned with the understanding of the interactions among humans and other elements of a system, and the profession that applies theoretical principles, data and methods to design in order to optimize well-being and overall performance.”*

*“Practitioners of ergonomics, ergonomists, contribute to the planning, design, implementation, evaluation, redesign and continuous improvement of tasks, jobs, products, technologies, processes, organisations, environments and systems in order to make them compatible with the needs, abilities and limitations of people.”*

Three fundamental characteristics of HFE can be derived from these descriptions:

- HFE takes a systems approach
- HFE is design driven
- HFE focuses on two related outcomes: performance and well-being

### 2.1 HFE takes a systems approach

A system is a set of interacting and interdependent components that form an integrated whole. HFE focuses on goal-oriented and purposefully designed systems consisting of humans and their environment (Helander 1997, Schlick 2009). The environment can be any human-made artifact e.g., (work)place, tool, product, technical processes, service, software, built environment, task, organisational design, etc., as well as other humans (Wilson 2000). HFE considers different aspects of the person (physical, physiological, psychological (affective and cognitive), and social) and different aspects of the environment (physical, social, informational, etc.). It can address issues on various system levels from micro-level (e.g. humans using tools or performing single tasks) to meso-level (e.g., humans as part of technical processes or organisations) to macro level (e.g. humans as part of networks of organisations, regions, countries, or the world) (Rasmussen 2000). When defining problems and formulating solutions, system boundaries are defined, and the focus of HFE can be on specific aspects of people (e.g., only physical), on specific aspects of the environment (e.g., only workplace), or on a specific level (e.g., micro), but the broader context of the human within the environment is always taken into consideration (“contextualization”). This broad perspective of HFE can be referred to as a “systems approach” or a “holistic approach.”

The systems or holistic approach of HFE and its wide (almost unlimited) context for application differentiates it from other more narrow disciplines such as cognitive psychology and human movement science (Brewer and Hsiang 2002). These other disciplines may share a human view with HFE, but not a comprehensive view.

### 2.2 HFE is design driven

HFE seeks to improve performance and well-being through systems design. Analyses and assessments result in recommendations and actions for this design. HFE can be involved in all stages of planning, design, implementation, evaluation, maintenance, redesign and continuous improvement of systems (Japan Ergonomics Society 2006). These stages are not necessarily sequential; they are recursive, interdependent, dynamic, but design is at the heart of them. Decisions at one stage may affect or be affected by decisions at other stages.

HFE specialists can be active participants in design processes, and a particular feature of HFE is that those who will be part of the system being designed are often brought into the development process as participants (Noro and Imada 1991). HFE specialists can have different roles. For example, they can act as specialists of the human component of the system. The human component should be understood as covering both individual and collective or social aspects, from micro to macro level. HFE specialists have competencies regarding methods for analysing and acting on situations, methods for designing and assessing technical and organisational environments, methods for organising and managing participatory approaches, and methods for redesigning and continuously improving systems (Woods and Dekker 2000). HFE specialists analyse and solve problems in partnership with other contributors to design (Noy 1995, Rasmussen 2000). They can also play an integrative role in design decisions, based on their knowledge and skills of design as an activity (including mental processes of contributors to the design, and collective interaction processes). Furthermore, they can stimulate and moderate design processes by, for instance, translating engineering terminology or concepts to end-user terminology and vice versa.

This design orientation of HFE differentiates it from other disciplines such as sociology, and anthropology. These other disciplines may share a comprehensive view with HFE, but not an action view (Helander 1997).

### 2.3 HFE focuses on two related outcomes: performance and well-being

By fitting the environment to the human, two related system outcomes can be achieved: performance (e.g., productivity, efficiency, effectiveness, quality, innovativeness, flexibility, (systems) safety and security, reliability, sustainability) and well-being (e.g., health and safety, satisfaction, pleasure, learning, personal development). These and other outcomes are balanced by HFE specialists, managing practical as well as ethical trade-offs within systems (e.g., Wilson et al. 2009). Performance and well-being interact: performance can influence well-being, and well-being can influence performance, both in the short and the long-term (see Figure 1).

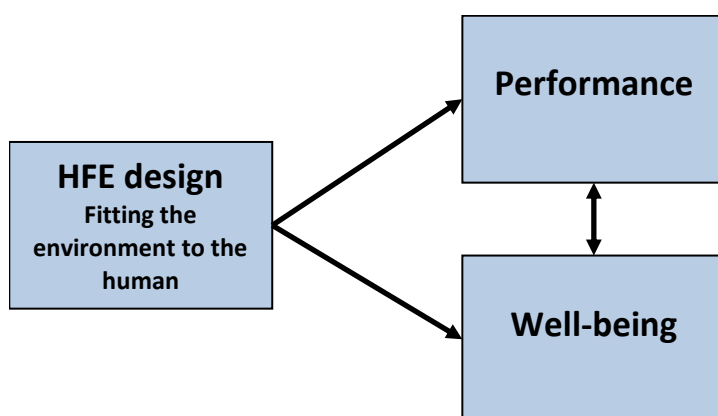


Fig. 1 The effect of HFE design on performance and well-being

Reduced performance and well-being can occur when there is a lack of fit between the environment and human capabilities and aspirations. For example, humans may perform below their capabilities and standards because other parts of the system are an obstacle rather than a supporting

environment (e.g., due to lack of time, inappropriate equipment, insufficient support) (Falzon 2005, Falzon et al. 2012). Well-being and performance are intertwined and should be understood as strongly connected (Pot and Koningsveld 2009).

HFE recognizes that any system always produces two outcomes: performance and well-being. By fitting the environment to the human, HFE can contribute to optimizing<sup>5</sup> these joint outcomes (Neumann and Dul 2010).

This focus of HFE on two joint outcomes is a differential characteristic. Other disciplines such as engineering, psychology, and medicine share the focus on one of the outcomes with HFE, but not on both outcomes.

### **3. Developments in the external world (general description)**

Developments in the world are having major impacts on systems. These developments and their significance for HFE need to be identified (Hendrick 1991, Japan Ergonomics Society 2006, Noy 2000) in order to set out a strategy for the future. Without attempting to be complete, we describe some global trends regarding changes that impact HFE.

#### 3.1 Global change of work systems

The change in the global economic landscape over the last decade has resulted in a significant shift in the types of work that occur in different regions of the world. These changes have occurred in economically advanced nations, as well as in economically developing nations. Historically, economically advanced nations have been heavily involved in mass goods manufacturing. However, over the past two decades, these nations have increasingly outsourced manufacturing and service functions to economically developing countries, within a supply chain and global market perspective. This has shifted the work performed within the economically advanced nations to an emphasis on a service economy (including healthcare services), resulting in more focus on the design of work systems for service production, and on the design of non-work systems such as services for customers and human-computer interactions (Drury 2008, Hedge and Spier 2008). Additionally, stimulation of entrepreneurship has resulted in a growing number of small-sized and informal businesses in some economically advanced nations.

At the same time, economically developing countries have enlarged their manufacturing base, thus creating more jobs. As a result, work, historically based on local agriculture, has shifted towards more emphasis on manufacturing (often without the HFE benefits found in economically advanced nations). Goods are often produced by workers earning low wages and working under unfavourable conditions. Sharp increases in manufacturing are occurring because of the low cost of goods production. In addition, many of these economically developing nations are simultaneously experiencing an increase in low wage service sector jobs (e.g., call centres, banking). At the same time, in some countries, the informal sector involves the largest number of workers (Caple 2008) and

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<sup>5</sup> In this paper, we do not use the term “optimisation” in its mathematical meaning of finding a best available value for a given objective function. Instead, optimisation refers to finding design solutions to maximise both well-being and performance, which may require making trade-offs between both objectives.

agriculture remains the principal sector contributing to the country's economic performance, including sometimes children who carry out tasks for very low or no wages (Gangopadhyay et al. 2004).

Furthermore, there is a continuing trend of mechanization and automation of work systems, not only in manufacturing but also in the service industry (Schlick 2009). The introduction of more technology and increased capabilities of technology (many times beyond human capabilities) may change the relationship between people and technology.

### 3.2 Cultural diversity

One major impact of the trends described above is the increased interdependencies between economies, industries and companies around the world. Consequently, production and distribution systems are internationally organised with a culturally diverse workforce, and products and services are consumed by an increasingly diverse set of customers in markets around the world. As a result, a diverse set of humans with different cultural backgrounds, and different characteristics and aspirations become part of work and product/consumer systems. Environments that were properly designed for one group of people may not be appropriate for other groups of people.

HFE can address this trend of cultural diversity by contributing to the cross-cultural design of production and distribution systems that fit the diverse workforce, and to the cross-cultural design of products and services that fit the diversity of users (Japan Ergonomics Society 2006, Moray 2000). In cross-cultural design, it is acknowledged that people from different cultures have different capabilities and aspirations, which affect the design of systems of which they are part. Examples include the design of global supply chains (Riedel and Mueller 2009) and the design of international digital media (Proctor et al. 2011).

### 3.3 Ageing

Several parts of the world are experiencing a demographic change known as *population ageing*, brought about by a combination of longer life expectancy, declining fertility, and the progression through life of a large “baby boom” generation. In the USA, the workforce is ageing; in Europe the proportion of older people in the working populations in European countries is increasing more than in other continents. In India, the retirement age of office or industrial workers has recently been raised. As a consequence, a large group of older humans have become part of work and product/service systems. Environments that were designed for the current group of humans may not be as suitable for elderly people in the system. Another consequence of ageing is the increased relevance of equipment, furniture, IT devices, services, etc. targeting the older population at work and adapted to its characteristics.

HFE can contribute by ensuring that work systems and products/services fit the older population, taking into account age-related changes in physical, cognitive, visual and other capabilities and different aspirations (Japan Ergonomics Society 2006). Older people may have some reduced capabilities, but also more developed capabilities such as mental growth (strategic thinking, language skills, motivation, commitment, work expertise) and some aspects of social capabilities (ability to adjust their behaviour). However, there are large variations among older age groups, and these can become more pronounced with age (Ilmarinen 2005).



HFE can help develop more versatile systems that are better matched to a wide range of groups. This approach does not only apply to people of different age groups, but also to people with disabilities, obesity (Buckle et al. 2011), or otherwise different capabilities and aspirations (“design for all”). However, this ageing trend is not global. In other parts of the world, e.g., Sub-Saharan African countries, life expectancy is on the decline because a large part of the population is suffering from HIV and related illnesses. In these countries, the main concern is having a sustainable workforce that can meet the requirements of the job market.

### 3.4 Information and communication technology (ICT)

There are several ICT-related changes that impact the manner in which work and activities of daily living are performed (Karwowski 2006). Rapid and continuous developments in computer technology, telecommunication technology and media technology have given rise to new interactive activities such as social media, gaming, and to an explosion of information transfer. People’s lives have become more and more dependent on ICT and virtual networks. For example, these developments have an impact on the delivery of education. Similarly, new dimensions in product quality have emerged beyond usability, such as emotional design and pleasurable interactions.

ICT developments have brought about many changes in work organisation and organisational design. These include more focus on teamwork, the rise of virtual organisations, remote work including working from home, fading borders between occupational and private life, and increased complexity of networks of organisations (Carayon and Smith 2000).

Networks of organisations have emerged as an organisational model to support collaboration between organisations that have common goals. Very often organisational networks rely on technology to communicate and share information, for instance, supply chains in manufacturing. Another example is the exchange of health information, which allows different healthcare organisations to share information about patients.

Increasingly, companies are relying on virtual arrangements to conduct their business. Virtual sociotechnical systems comprising diverse people, who are geographically dispersed, use information and communication technologies to perform their work remotely (Gibson and Gibbs 2006).

HFE specialists can contribute to the design of systems to allow people to work together and share information across organisational boundaries (Woods and Dekker 2000). For example, HFE can influence the design of virtual sociotechnical systems by showing how trust and collaboration can be enhanced when team members work remotely and communicate via technology (Patel et al. 2012). HFE can also contribute to the design of natural user interfaces in human-computer interactions.

### 3.5 Enhanced competitiveness and the need for innovation

The enhanced competitiveness among companies, which is partly a result of globalization, has forced companies to develop new business strategies, and has increased the need for companies to innovate and invent new products and services, as well as new ways of producing these. Employees may contribute to suggestions for the innovation of production processes and products/services. Production processes need to be more efficient and flexible and must guarantee short product delivery times, often resulting in intensification of work. Products and services must have high quality

characteristics beyond functionality, e.g., ease of use and positive user experiences, to be successful in the market and to gain commercial advantage.

HFE can contribute to the renewal of business strategies and innovation in several ways (Dul and Neumann 2009). HFE can foster employee creativity for innovation (Dul and Ceylan 2011), can contribute to product/service innovation by developing new products and services with unique usability and experience characteristics, and can help a company to innovate processes and operations by providing new efficient and effective ways of producing products and services (Brober 2000, Bruder 2000).

### 3.6 Sustainability and Corporate Social Responsibility

Sustainability --the development that meets the needs of the present without compromising the ability of future generations to meet their own needs-- includes attention to natural and physical resources ("planet"), but also attention to human and social resources ("people"), in combination with economic sustainability ("profit") (Delios 2010, Pfeffer 2010). It implies that companies do not just focus on financial performance. Corporate Social Responsibility (CSR) means going beyond fulfilling the minimum legal expectations regarding "planet" and "people". Poor or minimum standards in health and safety may damage a company's image with respect to CSR, which would be a direct threat to the value of the CSR effort and the continuity of the business. HFE can contribute to developing actions and programmes aimed at combining the people and profit dimension of sustainability and social responsibility by optimising both performance and well-being (Pfeffer 2010, Zink 2005, 2006).

In many economically developing countries, the understanding of the human element requires knowledge of complex social and cultural environments. For example, in South Africa, the workforce is often faced with issues such as HIV, cardiovascular diseases, infectious diseases other than HIV, and intentional violence. These issues influence the work capacity of the population. HFE specialists in these countries, therefore, have a significant role to play in improving both performance (e.g., productivity) and well-being.

In conclusion, the above and other examples of developments illustrate that systems change because the human part or the environment part of the system (or both) change. By offering its fundamental characteristics, HFE has the potential to contribute to the design of future systems.

## **4. The value of HFE for stakeholders**

The contribution of HFE to system design ("supply of HFE") depends on the "demand for HFE" by parties ("stakeholders") involved in system design. Demand for HFE depends on the perceived value of HFE by stakeholders that are directly or indirectly involved in system design. To be able to supply, HFE must show that it can provide value to these stakeholders in order to be a respected and demanded partner in the design process.

In this section, we first identify the main stakeholder groups for system design. Next, we describe how the stakeholder groups could benefit from the contribution of HFE in systems design. Finally, we evaluate the (mis)match between the potential, perceived and provided value of HFE.

#### 4.1. Stakeholders of system design

Four main stakeholder groups of system design can be identified:

- “System actors”, e.g., employees, product/service users, who are part of the system and who are directly or indirectly affected by its design and who, directly or indirectly, affect its performance.
- “System experts”, i.e. professionals such as engineers and psychologists who contribute to the design of the system based on their specific professional backgrounds. The HFE specialist is one of the system experts who focuses on design by fitting the environment to humans, by using a systems approach, and by focusing on two related outcomes (performance and well-being).
- “System decision makers”, i.e. decision makers (e.g., managers) about the (requirements for) the system design, the purchasing of the system, its implementation and its use.
- “System influencers”. This diverse stakeholder group (e.g., media, governments, standardisation organisations, regulators, citizens) has general public interest in work system and product/service system design.

For each of the main stakeholder groups, we distinguish four levels of stakeholders: individual (the direct stakeholder), company, country/region, and world (the indirect stakeholders). A stakeholder at a “broader” level (e.g., country) may represent a stakeholder at a more narrow level (e.g., company). Table 1 describes in more detail examples of stakeholders from the main stakeholder groups that are directly or indirectly involved in or affected by systems design. As a reference, we have included the HFE specialist as one of the “system experts”.

Table 1. Examples of stakeholders in the main stakeholder groups that are directly or indirectly involved in the design of systems, and their role and stake in the system

Stakeholder group	Level of stakeholders			
	Individual	Organisations representing individuals in the company	Organisations representing individuals in the country/region	Organisations representing individuals in the world
<b>System actors</b> Are parts of the system Are directly or indirectly affected by its design Affect directly or indirectly performance	Actors of work systems: Employees Actors of product systems: Product users Actors of service systems: Service receivers	Works councils (work systems) OHS service providers (work systems) User groups (products/services)	National/regional trade unions (work systems), National/regional organisation of OHS services (work systems) National/regional consumer organisations (products/service) National/regional Government/OHS legislation/ consumer	International trade unions (work systems) International government/OHS legislation/ consumer safety legislation ILO WHO ICOH International user groups

			safety legislation  National/regional user groups (e.g. patient associations) (product/service)	(product/service)
<b>System experts</b>  Are designers of the system based on their specific professional backgrounds and the nature of the system	Professionals from the technical and social sciences; e.g., (industrial) engineering, information technology/computer science, user experience specialists, psychology, management consultancy, design, facility management, operations management, human resource management, interior design, architecture)	Professional colleagues	National/regional professional associations  National/regional institutes for professional education  National/regional research organisations (universities, research funding organisations)	International professional associations  International institutes for professional education  International research organisations (universities, research funding organisations)
HFE SPECIALIST Are designers of the system based on their specific professional background in HFE: design by fitting environment to human, systems approach, dual goal (performance and well-being)	HFE SPECIALIST (one of the system designers)	HFE SPECIALIST: other professionals who support HFE	HFE SPECIALIST: national/regional HFE organisations (e.g. IEA federated societies, IEA networks, national/regional certification organisations)	HFE SPECIALIST: International HFE organisations (IEA)
<b>System decision makers</b>  Are decision makers, about e.g. the requirements for the system design, and the final design	Managers, other decision makers	Management team  Purchasers of products/services	National/regional employer organisations  National/regional industry/trade organisations	International employer organisations  International industry/trade organisations
<b>System</b>	Any other person interested in systems	Local community	National/regional	International general

<b>influencers</b>	design	Local media Local government	general public National/regional media National/regional governments National/regional standardisation bodies	public International media International governments International standardisation bodies
Have general public interest in work and product/service systems				

It should be noted that people can belong to different stakeholder groups depending on their role. For example, employees who are part of a work system are system actors. However, they become system experts (based on their experience) when they participate in the (re)design of a system. Similarly, managers who decide about system designs are system decision makers, but when the systems are implemented and the managers have management tasks in the new systems, they become system actors.

#### 4.2. Value of HFE for stakeholders

In this section, we describe the value of HFE contributions to systems design for the main stakeholder groups (individuals and their representing organisations at company, national and international level).

##### *4.2.1 System actors*

This stakeholder group can be divided into actors of work systems (employees), and actors of product/service systems (product users, service receivers).

Employees can benefit from HFE design of work systems as it ensures well-being in terms of e.g.:

- **Improved physical, psychological and social well-being (health and safety)**  
(e.g., through optimisation of work environments)
- **Higher motivation, growth and job satisfaction**  
(e.g., through freedom to act and room to grow and learn)
- **Improved performance**  
(e.g., performance leading to intrinsic or extrinsic reward)

Product users/ service receivers can benefit from HFE design of product/service systems as it ensures well-being and performance in terms of e.g.:

- Better **experience**
- Shorter **time of familiarisation**
- Better **fitting of products/services** to individual characteristics/needs
- Fewer **mistakes**
- More **efficiency**

In addition, as HFE commonly takes participatory design approaches, another potential value of HFE is that it ensures that system actors can influence system design.

#### 4.2.2 System experts

This stakeholder group consists of a variety of professionals from the technical and social sciences that can be involved in the design of systems, e.g., (industrial) engineering, information technology/computer sciences, psychology, management consultancy, design, facility management, operations management, human resource management, interior design, architecture. These professionals aim to design a system that performs well according to the standards of their respective professions, and to the requirements of system decision makers. HFE can help to reach these goals because HFE contributions help to ensure:

- Better **users' acceptance of designed systems**
- Better **performance**
- Better fit with (legal) **standards** (e.g., health and safety, accessibility, professional ethics)
- Improved **development process** (e.g., more efficient user consultation)

#### 4.2.3 System decision makers

This stakeholder group consists of decision makers (e.g., managers, purchasers) that decide about the design (e.g., requirements, final design) of work systems and product/service systems.

Management (e.g., in companies) aims to achieve excellent performance of work systems with the least use of resources. Typical key performance indicators of work systems are productivity (the number of produced products and services per time), the time needed for fulfilling a certain task, and the quality of products/services.

Decision makers about work systems can benefit from HFE as it ensures performance in terms of e.g.:

- **Better productivity** by reduced time for performing work procedures (e.g., through optimisation of work equipment, work flow or worker qualifications)
- **Better quality and reliability** of production processes and produced goods and services (e.g., through optimisation of work equipment, operating instructions or worker qualifications)
- **Lower operating costs** due to lower levels of health problems, motivational deficits, accidents, absenteeism, and related productivity loss (e.g., through better working conditions)
- **More innovation** by increased employee creativity (e.g., through creativity stimulating work environments)
- **Better reputation** for hiring and retention of talented employees (e.g., through attractive work), and positive worker and consumer associations with the firm and its products/services (employee well-being, sustainability, corporate social responsibility, end user well-being).
- **Better decision-making** through improved information about the effects of system design on employees

Decision makers about product/service systems can benefit from HFE design as it ensures product/service performance in terms of:

- **Better market performance**  
(e.g., due to unique characteristics such as ease of use)
- **Greater profitability**
- **Fewer re-design** due to interaction problems after market introduction
- **Better decision-making** by improved information about effects of system design on product/service users

#### 4.2.4 System influencers

System influencers have a general public interest in work and product/service systems, in particular regarding their outcomes. HFE can contribute simultaneously to two general goals:

- **Social wealth** of individuals and society at large  
(through the well-being outcome of HFE system design)
- **Economic wealth** of individuals and society at large  
(through the performance outcome of HFE system design)

HFE helps to ensure that people do not get injured at work or while using products or receiving services, that work systems and product/service systems are profitable for companies and for society at large, and that work systems and product/service systems are accessible for people with a variety of capacities and aspirations.

#### 4.2. (Mis)match between potential value, perceived value, and provided value

The previous analysis shows that HFE has the potential to provide value to all of the main stakeholders of system design. Each of the stakeholder groups could benefit from the contribution of HFE in systems design. The analysis also shows that stakeholders have different needs, and therefore have different views about the real value of HFE for them. For example, system actors (employees, product/service users) and some system influencers (e.g., governmental agencies focusing on health and safety) will appreciate the well-being outcome of HFE, whereas system experts (e.g., engineers) and system decision makers (e.g. managers) will appreciate the performance outcome of HFE.

However, the perceived value of HFE by all stakeholders is limited (Helander 1999, Neumann and Dul 2010). Some people believe that HFE focuses on well-being only; others say that it focuses on manufacturing only (e.g., heavy physical work), or on specific goods only (e.g., chair, computer mouse). Although there are many examples of highly successful companies with work systems, where workers are treated well from a physical, psychological, and organisational standpoint, become creative and productive members of the organisation, and are retained in the organisation, these “winning” strategies are not always associated with HFE. Similarly, there are numerous examples of successful products that are based upon usability, ease of use, and perceptions of efficiency, such as iPhones, and other kinds of high tech gadgets. These devices are widely successful because of HFE features, yet the terms human factors or ergonomics are seldom heard when

discussing these products, and hence HFE value is not perceived. These examples show that there is an implicit need for the value of HFE (performance and well-being), but not an awareness and explicit demand for the HFE discipline and profession. Hence, there is limited recognition and appreciation of how HFE can contribute to healthy, safe, comfortable and efficient work and product/service systems.

Although the role of HFE in enhancing well-being can be a strong value proposition for some stakeholder groups, i.e. system actors and system influencers, this may not be sufficient for other stakeholder groups, in particular, systems experts and system decision makers who primarily focus on the performance value of HFE. In many sectors, the provided value by the HFE community (in research and practice) focuses on well-being, and HFE specialists then have stronger relationships with the stakeholder group of system actors (that appreciate this goal) than with the stakeholder groups of systems experts and system decision makers (that are strongly interested in the performance outcome). In addition, the relationships of the HFE community with certain system influencers (e.g., governments) often focus on well-being rather than on performance. For example, the IEA has stronger formal relationships with international organisations that focus primarily (though not solely) on well-being, e.g., International Labour Organisation (ILO), International Occupational Hygiene Association (IOHA), and the International Commission on Occupational Health (ICOH) than with organisations that focus primarily (though not solely) on performance (e.g., organisations representing industrial engineers, product designers, or managers). There may well be a similar imbalance for many local HFE societies and many individual HFE specialists.

As a result, the HFE community has a less developed value proposition and weaker relationships with *dominant stakeholders* (Mitchell et al. 1997) who have considerable power to influence system design, in particular organisations representing system experts (such as design organisations), and organisations representing system decision makers (such as management organisations). The HFE community has a more developed value proposition and stronger relationships with *dependent stakeholders* such as the group of system actors who are less able to influence system design, but have strong interest in its outcome. In conclusion, the stakeholder group of system actors primarily needs and benefits from the well-being value of HFE, and this has created an explicit demand for HFE from this group. The stakeholder groups of system experts and system decision makers primarily need the performance value of HFE. However, they do not always get this value and are generally not aware that they can get this value from HFE, even though they have an implicit need for it. As a result, there is limited explicit demand for HFE from this group. Because this group of system experts and system decision makers is more powerful in the design process than the first group (system actors), the HFE community should strengthen its value proposition (with a focus on performance outcomes), and its communication and relationships with these stakeholder groups, as well as with the system influencers. This will help to increase demand for high-quality HFE (well-being *and* performance outcomes) and therefore increase HFE contributions to system design, resulting in more high-quality HFE applications<sup>6</sup>.

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<sup>6</sup> By high-quality HFE we mean that when defining problems and formulating solutions, the three core elements of HFE are taken into consideration: systems approach, design driven and performance and well-being outcomes. If not, the HFE approach is limited. High-quality HFE includes approaches with a focus on specific aspects of people (e.g. physical), on specific aspects of the environment (e.g. technical), on specific outcomes (e.g. well-being), or with limited links to design, as long as limitations of the specific approach and how to tackle these are addressed (“contextualization”). This can be done, for example, by collaborating with other specialists, planning broader approaches at later stages, or acknowledging the limitations of the problem definition and solutions. Specific approaches may occur e.g. when the HFE specialist can have only a limited role in the design process, or when there are practical or other restrictions for a broader scope (e.g. only simple solutions are feasible, for instance in economically developing countries (Kogi 2007)). As a strategic direction, high-quality HFE



## 5. Strategy for the future

In Section 1, we stated that the potential of HFE was under-exploited. In Section 2, we showed that HFE has three fundamental characteristics (systems approach, design driven, joint performance *and* well-being outcomes) and that this combination is unique in comparison to other disciplines. The developments described in Section 3 indicate that systems are changing and will continue to change in the future, and that HFE can help to design systems that fit people so that well-being and performance outcomes are achieved in future systems. In Section 4, we found that HFE currently serves the main stakeholder group of system actors relatively well (with well-being outcomes), but that it needs to better serve the main other stakeholder groups (system experts, system decision makers) with high-quality HFE. These stakeholder groups are more influential in system design than system actors and have a strong interest in performance. At the same, they may have only a limited view about what HFE could offer. Therefore, HFE should expand its reach to system experts and system decision makers, with greater emphasis on the performance goal, and on the diversity of application areas.

Therefore, we propose the following main strategy for the future of HFE:

**To strengthen the demand for and the application of high-quality HFE (with the key elements of systems approach, design driven, and performance and well-being outcomes) for all stakeholders, in particular:**

- (1) **Strengthening the demand for high-quality HFE** by enhancing the awareness of stakeholders' need for high-quality HFE (in particular, for system experts and system decision makers, emphasizing performance) by:
  - a. *Communicating* with specific stakeholders about the value of high-quality HFE in the language of the stakeholder.
  - b. *Building partnerships* with these stakeholders and their representing organisations.
  - c. *Educating* stakeholders to create awareness of high-quality HFE and its contributions to system design.
- (2) **Strengthening the application of high-quality HFE** by:
  - a. *Promoting the education of* HFE specialists to apply high-quality HFE.
  - b. *Ensuring high quality standards* of HFE applications and HFE specialists.
  - c. *Promoting HFE research excellence* at universities and other organisations.

These two strategic elements are interrelated. Higher demand for high-quality HFE can lead to more high-quality HFE provided ("pull"), and more availability of high quality HFE can stimulate demand for high-quality HFE ("push"). Figure 2 depicts the "HFE demand development cycle" representing the main strategy. The cycle applies to a given stakeholder group (system actors, system specialists, system decision makers, or system influencers) and combines three strategic elements:

- (1) A stakeholder's **demand** for high-quality HFE, which can stimulate
- (2) the **application** of high-quality HFE (with the three key characteristics), which can

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approaches are preferred over limited approaches as the combination of core elements of HFE is a unique value proposition for all stakeholders.

- (3) raise the stakeholder's **awareness of the need** for high-quality HFE, which may
- (1) increase the stakeholder's **demand** for high-quality HFE.

The HFE community can take an active role in boosting this cycle by focusing on both the pull and push approaches. It can enhance the stakeholders' awareness of their need for high quality HFE. This can be done by *communicating* with stakeholders, by building *partnerships* with stakeholders, and by *educating* stakeholders (Karwowski 2007). This requires that HFE specialists can translate and integrate HFE objectives into stakeholders' strategies, policies and actions (Dul and Neumann 2009). As a result, there should be an increased demand for high-quality HFE. The HFE community can also enhance high-quality HFE applications. This can be done by *educating* high-quality HFE specialists, by *ensuring* high quality HFE applications and specialists, and by *encouraging HFE research excellence* at universities and other organisations (Buckle 2011). By reflecting on success stories (successful applications of high-quality HFE) and the related challenges, HFE knowledge and professional practice can be further enhanced. Hence, the HFE community is the main actor in this proposed strategic change. It can operate at three levels: global HFE society (IEA), local societies (national and regional HFE societies, e.g., IEA Federated Societies and IEA networks) and individual (HFE researchers, HFE teachers/trainers, HFE consultants, HFE policymakers).

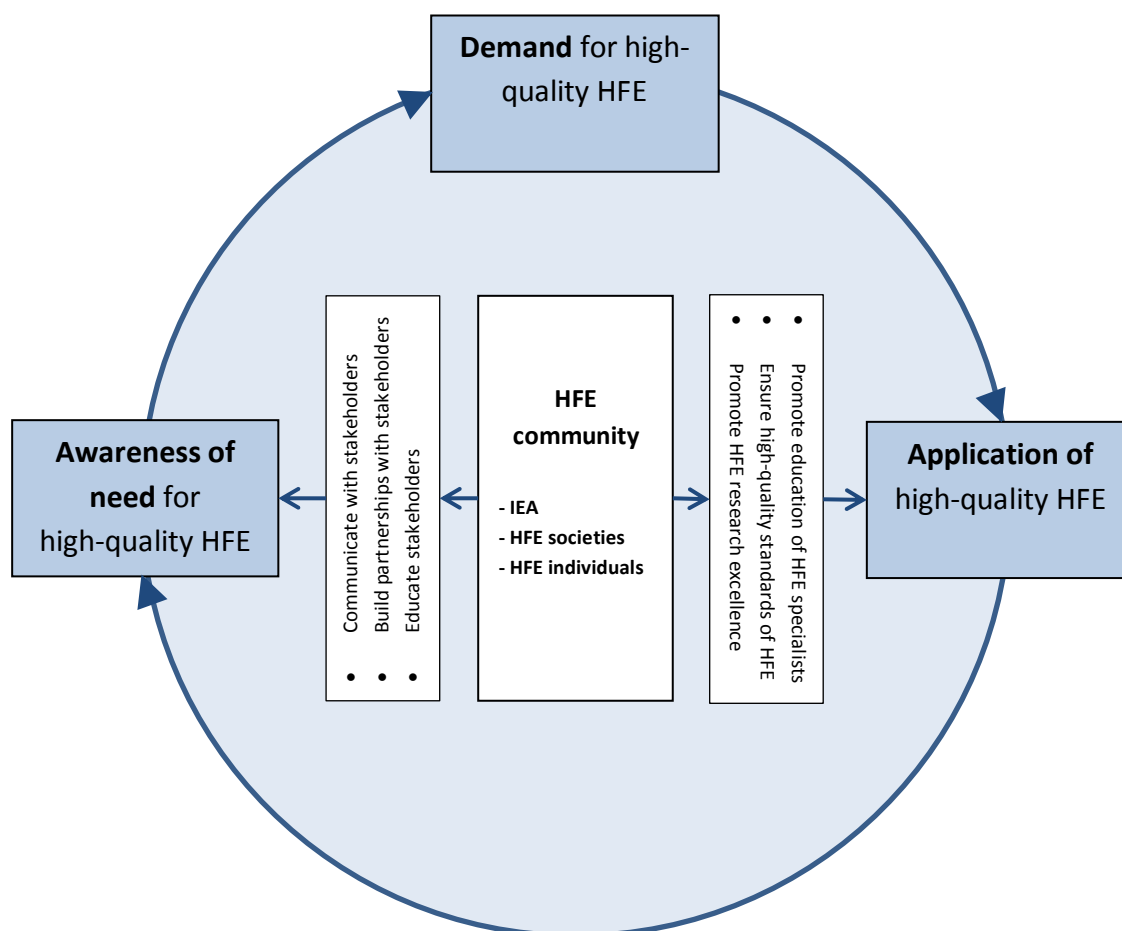


Fig. 2 HFE demand development cycle

## 6. Strategy implementation

The proposed main strategic direction is **“to strengthen the demand for and the application of high-quality HFE”**. Adopting this main strategy has important consequences for the policies and practices of HFE societies and individuals, taken into account local differences and priorities.

The implementation of the strategy is an essential but complex endeavour that needs further development. We only touch upon two aspects: (1) developing an action plan by translating the strategy into actionable tasks, and (2) managing the development and implementation of the action plan.

In Section 6.1 (and the Appendix), we provide examples of possible strategic actions. We acknowledge that these strategic actions and their approach are not comprehensive, and need to be extended and addressed in detail. In Section 6.2, we propose a leadership role for the IEA to manage the development and implementation of the action plan.

### 6.1 Examples of strategic actions

Below, we give examples of actions that can be taken to realize the two main directions of the proposed strategy. Additional examples are provided in the Appendix. Ultimately, these strategic actions need to be translated into specific and effective actions by appropriate groups in the HFE community. In order to be successful, these actions must be “smart”: specific (e.g., specifying who, what, when, where, which, why), measurable (e.g., answering questions such as how much, how long), attainable (it must be possible to do them), realistic (people must be willing and able to work on them), and timely (e.g., setting time horizons for strategic actions such as 1, 2, 5 and even 10 years).

#### **Strengthening the demand for high-quality HFE by enhancing stakeholders’ awareness of the need for high-quality HFE:**

- Communicating with dominant stakeholders (system experts, system decision makers), by emphasizing the performance goal and the other key characteristics of HFE in their language (e.g., quantification of outcomes, cost-benefit analysis). Increasing these stakeholders’ awareness and understanding of what high-quality HFE is showing examples and success stories of high-quality HFE, but also examples of the negative effects resulting from the absence of high-quality HFE, and through recognition, awards and prizes for high quality HFE.
- Building strategic partnerships, in particular with system experts (e.g., professionals from the technical and social sciences), system decision makers (e.g., managers and other decision makers), and system influencers (e.g., local, national, and international governments and industry bodies, the general public (e.g., the media)). Long-term partnerships should ensure sustained improvements in both performance and well-being.
- Educating (future) stakeholders by showing the value of HFE at all educational levels and settings, from education at primary schools to education at institutes for professional

education and universities, (e.g., engineering, design, business) as well as education beyond school systems. Because it is impossible that HFE specialists be present in all system designs, educating (future) system experts about the principles of HFE is necessary so that they can apply basic HFE principles in their design without the involvement of an HFE specialist, and can identify when there is a need to call in a HFE specialist for high-quality applications.

### **Strengthening the application of high-quality HFE:**

- Promoting the education of high-quality HFE by formulating standards for high-quality HFE and for qualified HFE specialists (always paying attention to the three key characteristics: systems approach, design driven, performance and well-being, ) and by ensuring that education and training organisations adhere to these standards. Attracting students and experts from a wide range of disciplines to become HFE specialists in **all** three key characteristics. Applying high-quality HFE cannot be achieved by mechanically using a toolkit. Life-long education of HFE specialists (including insight from other fields such as industrial engineering, interaction design, cognitive psychology, human-movement studies, organisational behaviour, operations management, etc.) is essential to guarantee their competence to deliver high-quality HFE applications. For example, HFE specialists from human or health-related disciplines who may primarily focus on well-being outcomes of system design may need more education on performance outcomes and on building relationships with influential stakeholders such as system decision makers.
- Ensuring high quality standards of HFE applications and HFE specialists by promoting high-quality HFE in all activities of HFE societies and HFE individuals, and by ensuring the implementation of high-quality HFE standards by accreditation and certification bodies.
- Promoting HFE research excellence at universities and other organisations by promoting research and publications on high-quality HFE.

### 6.2 Leadership role of the IEA

We propose a leadership role for the IEA to manage the development and implementation of this strategy.

The IEA could act as a strategic leader in this process in several ways:

- By developing a global action plan to implement the strategy, with global consensus.
- By encouraging IEA federated societies and networks to set up their own action plans, each taking into account their specific context. The IEA should monitor and evaluate the development and implementation of these action plans and share *lessons learned*.
- By developing a plan of action at international level, targeting appropriate international institutions and organisations.

Different HFE groups and main stakeholder groups should be involved in this process so that the implementation plan fits specific needs and possibilities. IEA federated societies and networks should be the main contributors to this strategic action. Only they know the specificities of their national or regional context, the challenges they face, the opportunities they may exploit, and the people and

organisations that may help them. IEA networks could play an important role as intermediate actors. The first objective of IEA federated societies and networks should then be to define a locally relevant plan of action to be developed with their members and shared at IEA level.

Such a global effort can work only if individual members of the federated societies understand it. In this perspective, it might be useful to have this text translated in the national language of the societies where English is not commonly used.

Furthermore, other HFE organisations should also be involved. Certification bodies should be encouraged to examine their criteria for certification and to check whether these criteria are in agreement with the fundamental characteristics of high-quality HFE described in this paper. Professional organisations of HFE specialists that are not part of the IEA should also be approached to ensure shared views on the nature of HFE and its high quality delivery.

And last but not least, the major stakeholders must be involved because the strategy focuses on showing and delivering value to them. It is then crucial to understand the views of stakeholders on HFE and its benefits, and how HFE specialists can be their partners in system design.

Over the next decade, the design and implementation of this plan will then be the main objective and a major activity of the IEA Executive Committee and the IEA Council, as well as of the local HFE societies. Successful implementation of the strategy in the long term, spearheaded by the IEA, is only possible if the IEA sets appropriate conditions such as continuity of governance, effective mobilisation of federated societies, and sufficient resources. This might require serious reconsideration of the current IEA organisation.

## **7. Concluding remarks**

This paper offers the HFE community a strategic direction for the future of the HFE discipline and profession that could lead to the development of new strategies, tactics and operations within specific local contexts. Developing and implementing a strategic action plan for the HFE discipline and profession at large requires a long lasting and joint effort of the entire HFE community. The result will be rewarding. The external community will recognise the HFE discipline and profession as a crucial partner for successful systems design.

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**Appendix. Examples of strategic actions by the HFE community to realize the main strategy**

	Strengthening the demand for high-quality HFE			Strengthening the application of high-quality HFE		
	<i>Communicating with specific stakeholders about the value of high-quality HFE in the language of the stakeholder</i>	<i>Building strong partnerships with specific stakeholders and their representing organisations</i>	<i>Educating stakeholders to create awareness of high-quality HFE and its contributions to system design</i>	<i>Promoting the education of HFE specialists to apply high-quality HFE</i>	<i>Ensuring high quality standards of HFE applications and HFE specialists</i>	<i>Promoting HFE research excellence at universities and other organisations</i>

<p style="text-align: center;"><b>IEA: At International level</b> <b>HFE Societies: At national/regional level</b></p>	<p>Identify specific stakeholders from the dominant stakeholder groups that need to be targeted.</p> <p>Identify the specific needs of these stakeholders.</p> <p>Formulate the value of HFE for these stakeholders in their language.</p> <p>Develop show cases from high-quality HFE applications that give insight to these stakeholders.</p> <p>Acknowledge (e.g. awards) HFE-enlightened stakeholders that have good examples of HFE.</p> <p>Identify opinion leaders from the stakeholder group who support high quality HFE.</p> <p>Deliver the HFE message repeatedly and through a variety of communication channels.</p>	<p>Identify organisations that represent specific stakeholders from the dominant stakeholder groups that are interested in the value of HFE and in partnerships with HFE.</p> <p>Develop partnerships with interested organisations (e.g. regarding joint development of show cases, joint awards, sharing networks, joint communication activities, mutual access to conferences, etc.).</p>	<p>Identify education and training organisations of the dominant stakeholder groups.</p> <p>Identify links between HFE and the (learning) goals of these stakeholders.</p> <p>Include HFE in the education/training programmes of these stakeholders.</p>	<p>Formulate general standards for high-quality HFE.</p> <p>Formulate general standards for qualified HFE specialists.</p> <p>Ensure that education and training organisations adhere to these standards.</p>	<p>Promote high-quality HFE in all activities of IEA and HFE societies.</p> <p>Ensure the implementation of the general standards for high-quality HFE and qualified HFE specialists by accreditation and certification bodies.</p>	<p>Promote research on high-quality HFE (e.g. stimulate HFE-related journals to have review criteria based on the three key characteristics of high-quality HFE).</p> <p>Promote publicly funded research programmes on high-quality HFE.</p> <p>Promote research co-operation and communication among HFE researchers (and researchers from other disciplines).</p> <p>Promote discussions with universities about dedicated academic departments for HFE.</p>
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<p style="text-align: center;">HFE Individuals</p>	<p>Identify specific stakeholders (individuals) from the dominant stakeholder groups that need to be targeted.</p> <p>Identify the specific needs of these stakeholders (individuals).</p> <p>Formulate the value of HFE for these stakeholders in their language (individuals).</p> <p>Develop show cases from high-quality HFE applications that give insight to these stakeholders (individuals).</p> <p>Acknowledge HFE-enlightened stakeholders (individuals) that have good examples of HFE.</p> <p>Identify opinion leaders from the stakeholder group who are supporters of high quality HFE.</p> <p>Deliver the HFE message repeatedly and through a variety of communication channels.</p>	<p>Identify individuals from dominant stakeholder groups that are interested in the value of HFE and in partnerships with HFE.</p> <p>Develop partnerships with interested individuals (e.g. joint activities, access to each other's networks and conferences, joint communication, etc.).</p>	<p>Identify individual teachers/trainers of dominant stakeholders.</p> <p>Identify links between HFE and the principles and (learning) goals of the education of these stakeholders.</p> <p>Include HFE in the education/training programmes of these stakeholders.</p>	<p>Obtain and maintain the qualifications for high-quality HFE specialists through continuous education and training.</p>	<p>Ensure that high-quality HFE is part of all individual HFE activities (paying attention to the three key characteristics of high-quality HFE) in:</p> <ul style="list-style-type: none"> <li>- HFE research and publications (HFE researchers)</li> <li>- HFE teaching and training (HFE teachers/trainers)</li> <li>- HFE practice (HFE consultants)</li> <li>- HFE policy (HFE policymakers)</li> </ul>	<p>Perform and publish research on high-quality HFE.</p> <p>Stimulate publicly-funded research programmes on the high-quality HFE.</p> <p>Collaborate with researchers from other disciplines regarding system design and performance outcomes.</p> <p>Develop better tools to evaluate high-quality HFE interventions</p> <p>Present high-quality HFE research papers at conferences of related disciplines.</p>
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